

Mayan Ceremony

Authentic Mayan Ceremony



The beliefs and rituals behind the Mayan Ceremony

A Mayan “Shaman” will perform the Ceremony. The Shaman decides in advance if the couple can participate in this sacred ceremony. The Mayan ceremony is a serious spiritual ceremony, based on a connection with the universe and their Gods. The concept being to bring the couple to the four Cardinal Points being; north, south, east and west. Uniting the Feminine – mother earth and the masculine – cosmic energy.

A central sacred candle is used in the ceremony to symbolize this union.

The venue, setup and decorations:

The venue would normally be close to the sea, keeping in balance with nature and it’s 4 elements. The ceremony is traditionally held within a four-point altar, representing the four cardinal points. Decorated with flowers, candles and offerings to the Gods.

Music:

Mayan music with pre- Hispanic Instruments

Attire:

The Bride and Groom and guest are recommended to wear white or off- white natural clothing and no shoes. This is done in order to absorb the energy of the ceremony.

Ceremony:



Begins with the Shaman cleansing the 4 cardinal points with scared smoke from the Copal tree (incense). Then the blowing of the conch shell as couple comes into the altar. Guest will join in around the altar. Then permission is asked to the four cardinal points and the Mayan Gods to guide the couple through light and unconditional love in a spiritual union.

The bride and groom receives a flower crown and at this point can exchange rings. Then the couple take hands and kiss to symbolize respect, tenderness, comprehension and love. The Shaman then asked guests to pronounce one word with his/her wishes for the new couple. The ceremony then closes with the guests showering the newly married couple with flower petals.

Legal:

To have a legal ceremony must have a registered civil marriage with a Mexican JP.